

Honeymoon Couple Option 2





Honeymoon Couple Option 2

Sabi Sand Private Game Reserve - Hermanus - Franschhoek - Cape Town 14 Days / 13 Nights 2 Persons Date of Issue: 16 April 2019 07 November 2019 - 20 November 2019



<u>Click here to view your Digital Itinerary</u>

Itinerary Link: https://wetu.com/Itinerary/Landing/E49D9F20-112D-42B5-A6B6-5308FDB05F80

Mobile Code: RT3KVY

Introduction

Accommodation	Туре	Destination	Basis	Room Type	Duration
<u>Savanna Private Game</u> <u>Reserve</u>		Sabi Sand Private Game Reserve	FB+	1x Luxury Suites	3 Nights
Birkenhead House		Hermanus	FB	1x Luxury Room	2 Nights
La Residence		Franschhoek	B&B	1x Luxury Suite	2 Nights
<u>Cape Grace</u>		Cape Town	B&B	1x Table Mountain Luxury Room	6 Nights

Кеу

B&B: Bed and Breakfast

FB: Dinner, Bed, Breakfast and Lunch

FB+: Dinner, Bed, Breakfast, Lunch and Activities Daily

Day 1: Savanna Private Game Reserve, Sabi Sand Private Game Reserve (Thu, 7 November)

Sabi Sand Private Game Reserve

Adjacent to the Kruger National Park, the Sabi Sand Private Game Reserve is a private premier game viewing destination. It was the first ever private nature reserve established in South Africa. The landscape features 65 000 hectares of savannah-covered land interspersed with watering holes, dry river beds, lowveld woodlands, and the perennial Sabi and Sand rivers. This spectacular reserve offers exceptional game viewing opportunities with frequent sightings of the renowned Big Five as well as cheetah, zebra, giraffe, and a variety of antelope.Visitors can enjoy excellent wildlife viewing, dining under the stars, guided bush walks and enjoying a stay in some of South Africa's most luxurious safari lodges.

Overnight: Savanna Private Game Reserve <u>View iBrochure</u>

Situated in the internationally famous Sabi Sand Game Reserve, this exclusive 5-star lodge boasts nine beautifully appointed, thatched suites consisting of two separate en-suite bedrooms, each with their own deck and plunge pools. These rooms lead onto a central elegantly furnished lounge. The decor combines a colonial and classic mix of colours, fabrics and textures. All suites have air-conditioning, en-suite bathrooms, indoor and outdoor showers, and covered patios, decks and private plunge pools. The main lodge features a bar, gourmet dining area, wine cellar, library and a patio overlooking the main lodge pool and indigenous gardens to one of 5 waterholes that surround the lodge and offer fantastic views of game drinking and bathing.



Luxury Suites

Four Luxury Suites under canvas nestle amid beautiful indigeneous trees that attract a variety of birds. They have the same facilities as the larger suites in a more compact space and are furnished and decorated to the same superb standard. The bedrooms have draped ceilings creating an atmosphere of romance and intimacy. Tented roofs blend into the African bush while solid walls provide quiet and security, ensuring a restful night's sleep.

Each Luxury Suite has an en-suite bathroom with free-standing bath, double vanities and both indoor and outdoor shower. The bedrooms open onto private patios with deck and private plunge pools. Sweeping views of the bush and waterholes can be enjoyed from the comfort of your deck chair. Tucked away with large stands of natural shrubbery separating them, the luxury suites are the ultimate in cosy, private hideaways.

Menzies Aviation

Basis

Full Board and Activities

Day 2: Savanna Private Game Reserve, Sabi Sand Private Game Reserve (Fri, 8 November)

Optional			
Game Drives			
Bush walks			
Gym			
Community project	ts and Village tours		
Massages			

Game Drives

Guests will enjoy two game drives per day. Our vehicles are specially adapted for comfort and to seat 6 guests, ensuring a personal safari.

Bush walks

Bush walks are available in the morning with your ranger and will be tailor made around guests needs.

Gym

Savanna has an air-conditioned gym we welcome guests to use during their stay.

Community projects and Village tours

Savanna is very involved with its local communities, and we offer guests the chance to learn more about the projects we are running which include vegetable gardens and assisting the orphanage, as well as supporting an Elderly care home.

A Village tour is also available to give guests an insight to the local people and their day to day lives.

Massages

Enjoy a relaxing massage between safari activities in the privacy of your suite.

Basis

Full Board and Activities

Day 3: Savanna Private Game Reserve, Sabi Sand Private Game Reserve (Sat, 9 November)

Basis

Full Board and Activities

Day 4: Birkenhead House, Hermanus (Sun, 10 November)

Hermanus

Situated just 140 kilometres from Cape Town and built between the beautiful shores and cliffs of Walker Bay, Hermanus has grown from a small seaside resort town to become possibly the best-known place for whale watching in the world. This town is also famed for its natural scenic beauty, long stretches of pristine beaches and excellent variety of restaurants, cafes and bars. Today, Hermanus is more than just a popular holiday destination and offers visitors all kinds of activities, both energetic and relaxing. Visitors can explore the Old Harbour Museum, which is comprised of the charming fisherman's village, the old harbour, and the Whale House Museum; hike through the nearby Fernkloof Nature Reserve, and sample an array of top quality wine along the famed Hermanus Wine Route.

Overnight: Birkenhead House View iBrochure

On a cliff overlooking Walker Bay, this chic, all-inclusive boutique hotel offers stunning ocean views and easy beach access. The eleven luxurious suites feature balconies, living areas, antiques, original artworks, bay or mountain views, and grand bathrooms complete with free-standing tubs. Guests can enjoy the chic onsite restaurant and bar, the elegant spa, as well as the bay-view lounge, deck and infinity pool. While Birkenhead House is a five star hotel with all the services and amenities that you would expect, the hotel is characterised by a laidback and easygoing atmosphere. Whether you are seeking a rejuvenating retreat or an adventure filled beach holiday, Birkenhead House is the ideal destination.



Luxury Room

Offering a view of the pool or ocean from the patio, this well-appointed, 42 m² room comes with a king-size bed, flat-screen TV and DVD player. The private bathroom is fitted with an opulent bathtub and beautiful shower.

Basis

Full Board

Day 5: Birkenhead House, Hermanus (M

(Mon, 11 November)

Optional

Shark Cage Diving

Vhale Watching	
orseback Riding	
1ussel Picking	
Vine Tasting	
ea Kayaking	
uided Nature Walks & Hikes	
irkenhead House Spa	
olf	

Shark Cage Diving

Get up close and personal with these fascinating apex predators. Diving with great white sharks is a once in a lifetime experience that is both thrilling and informative. Your dive will take place under the careful supervision of a highly qualified team of marine experts, so you can rest assured that you'll be in safe hands backed by a team of marine conservationists to ensure that your experience is operated in an environmentally responsible manner.

Whale Watching

Hermanus is renowned as the best destination for land-based whale watching in the world and there is no finer spot to enjoy that than on the patio of Birkenhead House with a gin and tonic in hand. But if you're serious about whales, then why not go on a whale cruise or even take to the skies, soaring high above these majestic mammals. Learn all about the fascinating behaviour of Southern Right and Humpback whales and gain insights into their extraordinary movements that include lob tailing, spy hopping and peduncling.

Horseback Riding

There can be no greater freedom than galloping along the seemingly endless long beach in Hermanus or through the meandering vineyards of the Hemel-en-Aarde Valley. Whether you're a first time rider or an experienced pro, Hermanus is the ideal destination to explore on horse back while savouring the champagne air.

Mussel Picking

Waves splash into the mussel clad rocks that decorate the beaches immediately below Birkenhead House. Our executive chef will take guests down to the Voelklip beach and show them how to safely pick these delicious marine treats. Not only that, but he'll show you how to prepare the mussels with a little garlic, cream and white wine so that you can savour the fruits of your labour with a lovely glass of locally produced Sauvignon Blanc.

Wine Tasting

The Hemel-en-Aarde is one of South Africa's premier, cool-climate wine producing regions and is home to some of the country's finest and oldest estates including Hamilton Russel and Bouchard Finlayson as well as some of the more modern estates such as Creation. Not only are the wines superb, but the landscape is spectacular. Enjoy a guided tour with a knowledgeable expert, or enliven the experience by doing it on horseback or even on quad bikes!

Sea Kayaking

Sea kayaking is a wonderful outdoor pursuit for the more adventurous. It will get you up close to some of Hermanus's fascinating sea life and it's also great exercise. Paddle along the coastline all the way from the Old Harbour in town to the New Harbour under the careful supervision of the local seals.

Guided Nature Walks & Hikes

Hermanus is surrounded on all sides by natural wonder. As well as the marine fascinations, there are two incredible nature reserves in close proximity - Fernkloof Nature Reserve and Walker Bay Nature Reserve. For botanists, Fernkloof is certainly one of the most rewarding destinations in the Cape Floral Kingdom to explore the diverse fynbos.

Walker Bay is a coastal nature reserve that lies just east of Hermanus. The reserve includes five coastal areas between Hermanus and Die Dam near Struisbaai. The area is also historically significant, with records of Middle Stone Age people (65 000 to 85 000 years ago) living in Klipgat Cave.

Birkenhead House Spa

Birkenhead House is one of the best spots in South Africa to relax. The beaches and the champagne air make for a heady combination. But no relaxation would be complete without a treatment in the Spa.

Whether you'd like a Swedish massage or a manicure & pedicure, the Birkenhead House Spa is the perfect Sanctuary in which to forget the worries of the world.

Golf

Hermanus is a wonderful golfing destination with two excellent courses very close by. Hermanus Golf Club in the centre of town and Arabella golf club just a short distance away.

Arabella is consistently voted among the Top 5 golf courses in South Africa. For those looking for an extended golf tour, there are many more fantastic courses along the Garden Route.

Basis Full Board

Day 6: La Residence, Franschhoek (Tue, 12 November)

Franschhoek

Idyllically situated in the Cape Winelands, this peaceful country retreat is one of the oldest towns in South Africa. The once sleepy little village was named Franschhoek, meaning 'French Corner' as it was founded by French Huguenots. The fertile valley of Franschhoek boasts a rich heritage showcased at the fascinating Huguenot Memorial Museum and the Cape Dutch architecture in much of the village remains remarkably well preserved. The town's proximity to Cape Town allows for pleasant day trips during which visitors can explore the area's many world-class wine estates and impressive range of excellent restaurants or simply browse the quaint, upmarket boutiques strewn along the town's lovely tree-lined avenues.

Overnight: La Residence View iBrochure

A romantic, indulgent paradise whose interior is filled with wonderful artwork and magnificent furniture. Eleven glamorous suites are decorated in vibrant colours. Guests can enjoy the pool, spa, gym, library and wireless internet. Warm, personalized service creates an atmosphere of relaxation, whilst garden produce is used to create memorable meals. Complimentary village transfers allow leisurely exploration. Activities available locally range from wine-tasting to golf.

Alternatively, five Vineyard Suites offer family-friendly accommodation with private gardens and luxurious interiors. Dine in the Terrace Room; enjoy the comfortable sitting room and pool. Superior service makes everything effortless and enjoyable.



Luxury Suite

Our entry levels suites offer a spacious 90 square meters of majestic, eclectically decorated floor space, an en suite bathroom, and private balconies with beautiful views of the surrounding estate.

Basis

Bed & Breakfast

Day 7: La Residence, Franschhoek (Wed, 13 November)

Optional

Eating Out	
Wine Tasting	
The Spa	
Fishing	
Helicopter Wine Tours	
Chocolate Tasting	
Cycling & Hiking	
Franschhoek Motor Museum	
Golf	
Restaurants	

Recommended

Art Galleries

Eating Out

Franschhoek is known as the 'Food and Wine Capital of South Africa' and for good reason. Although the list varies year-to-year, up to 8 of South Africa's 'Top 100' restaurants are based in Franschhoek. Despite its tiny size, the town boasts an incredible range of snug cafés and stylish restaurants with every style of food on offer. From traditional English pub food to classic bistro fare, superb wood-fired pizzas to sumptuous sushi, this gourmet dining town has it all.

If you feel like venturing into the village, a complimentary transfer service from La Residence is available to take you to one of the many, award-winning, Franschhoek restaurants.

Wine Tasting

Whether you are a connoisseur with your own cellar or an enthusiastic newcomer to the wonderful world of wine, wine tasting in Franschhoek offers a unique experience for wine lovers. Explore boutique wineries or experience a private tasting with an expert sommelier.

Wine-making has an illustrious 300-year old history in the Franschhoek Valley and the oldest family-owned wine farms are worth visiting for their quaint architecture and beautiful vineyards alone. There are so many different ways to enjoy wine tasting - eight in fact. On horseback, on the Franschhoek Wine Tram, on a Harley Davidson, by helicopter, on a guided wine tour, at La Residence, on bicycles or simply on foot. A complimentary transfer service is available at La Residence to escort you to any of the local estates.

The Spa

On a hot summer's day, enjoy a cooling dip in the magnificent infinity pool or recline on a comfortable sun-lounger between the palm trees, under a shady umbrella.

But for the ultimate relaxation, pamper yourself with a massage in the spa treatment room. The La Residence Spa offers a wide range of treatments and massages including the signature Pinotage treatments which use organic grape products in a variety of beneficial ways.

Fishing

The Wemmers River is packed with wild brown trout and rainbow trout. La Ferme rents out fly fishing equipment for you to use in the river or in one of their trout dams. If fly-fishing is not your thing, spinning tackle is available to use in one of their bass dams.

Helicopter Wine Tours

South Africa is producing some of the world's most sought after wines. Many of those top rated tipples are produced in remote and spectacular locations as leading winemakers search far and wide for the ultimate terroir. There is no finer way to experience the rich diversity and breathtaking beauty of the Cape Winelands than by helicopter. We have carefully crafted three distinct helicopter routes which will allow you to sample the diverse expressions of South Africa's top varietals:

- The Swartland & The Hemel en Aarde Valley
- Stellenbosch & Elgin
- Constantia & Cape Point

Chocolate Tasting

Indulge in the 'chocolate experience' at Huguenot Fine Chocolates, a local boutique chocolaterie.

The half hour tour includes the story of chocolate, a chocolate making demonstration, and a chocolate tasting.

Cycling & Hiking

Whether you'd like a lazy pedal through the village or a strenuous hike up Mont Rochelle, La Residence is filled with quaint architecture and is surrounded by breathtaking natural beauty.

Hiking and mountain biking are wonderful ways to work up an appetite for the exceptional local gastronomy.

Franschhoek Motor Museum

This is a must for any car enthusiast. The museum is on L'Ormarins wine estate and houses an impressive collection of over 100 collector's cars from an 1898 Beeston Motor Tricycle to a 2003

Ferrari Enzo.

Golf

There is a wealth of world-class golf courses to choose from in the Cape Winelands.

Pearl Valley Golf course, host to the South African Open Championship three years running is a mere fifteen minutes drive from Franschhoek.

Restaurants

Franschhoek is known as the 'Food and Wine Capital of South Africa' and for good reason. Although the list varies year-to-year, up to 8 of South Africa's 'Top 100' restaurants are based in Franschhoek! Despite its tiny size, the town boasts an incredible range of snug cafés and stylish restaurants with every style of food on offer. From traditional English pub food to classic bistro fare, superb wood-fired pizzas to sumptuous sushi, this gourmet dining town has it all.

As befits the town's Huguenot heritage, Franschhoek restaurants frequently feature French cuisine, alongside plenty of traditional and contemporary South African restaurants. Some of the country's leading chefs create innumerable

dishes using only the freshest produce from the valley, complimented by a host of delightful loval wines. All in all, this is an opportunity to taste a kaleidoscope of exciting flavours in a variety of Franschhoek restaurant settings.

So, if you feel like venturing out into the village, a complementary transfer service from La Residence can be arrange to take you to one of the many award-winning Franschhoek restaurants for a dining experience to remember.

Art Galleries

There is no shortage of art galleries and pottery studios in the Cape Winelands. Whether you are looking to purchase, or just to admire, we can direct you to a number of excellent galleries.

La Motte, which is a wine estate nearby to La Residence, is home to a wonderful little gallery dedicated to JH Pierneef - one of South Africa's most famous artists.

Basis Bed & Breakfast

Day 8: Cape Grace, Cape Town (Thu, 1

Cape Town

Resting at the confluence of the Indian and Atlantic oceans, sandwiched between the slopes of the iconic Table Mountain and the glistening sapphire waters of Table Bay, the exceptionally scenic city of Cape Town is in a class of its own. Some cities boast rich culture, vibrant nightlife, a cosmopolitan atmosphere and extraordinary architecture, while others boast breathtaking landscapes and extraordinary natural wonders. Cape Town is lucky enough to be blessed with all of these attractions and so much more. With its bustling harbour, world-class beaches, top-notch vineyards, and its mountainous surroundings brimming with diverse flora and fauna, Cape Town consistently captivates the hearts of all who visit.

Overnight: Cape Grace <u>View iBrochure</u>

Welcome to Cape Grace. Situated on a private quay between Cape Town's bustling V&A Waterfront and the tranquil yacht marina, there is no better position from where to soak in the natural beauty of our Mother City and the very essence of Cape Town living at its best.

Our elegant and warm atmosphere, evident in every fine detail, begins at the welcoming reception lounge and extends to our spacious harbour and mountain-facing rooms.

Stories of the Cape's colourful past present themselves in our exquisite furniture, rare fabrics, intriguing artefacts and original antiques. Local paintings and sculptures lend a contemporary flair to our décor and feel, while fresh displays of Proteas that hint at the wonder of our natural botanical kingdom enrich each room.

We invite you to share in tailor-made experiences that include our sumptuous tasting menus, rare whisky pairings, luxurious spa treatments, and indulgent Afternoon Teas – all thoughtfully created to enhance your journey in the Cape and with us.



Table Mountain Luxury Room

Our Table Mountain Luxury Rooms boast glorious views of the iconic Table Mountain, Signal Hill or the international yacht marina – for those who wish to soak in the beauty of Cape Town's best features.

We invite guests to enjoy our warm and elegant rooms with personalised details such as an intimate reading area complete with our guests' own book selection. Our Table Mountain Luxury Rooms are suitable for families and larger parties as inter-leading rooms are available on request.

Day 9: Cape Grace, Cape Town (F

(Fri, 15 November)

Optional

Signal Restaurant

Bascule Whisky, Wine and Cocktail Bar

Signal Restaurant

Captivate the senses with the best in contemporary Cape cuisine at Signal Restaurant. Experience vibrant dishes that reflect the abundant South African landscape, an extensive wine list that covers the best local and international wines and a diverse menu to suite every palate.

Aged Yellowwood furniture, crisp white linen, handcrafted crystal chandeliers and ceiling to floor glass doors create an equal sense of comfort and occasion from where to enjoy scrumptious buffet breakfasts, light and healthy lunches and evening feasts.

Led by acclaimed Executive Chef, Malika van Reenen, Signal's innovative menu celebrates the Cape's rich variety of culture with dishes that pay homage to local flavours and accent European classics.

Bascule Whisky, Wine and Cocktail Bar

The gentle chink of ice in whisky glasses mingles with the sounds and energy of Cape Town's nightlife at Bascule Whisky, Wine and Cocktail Bar. Poised on the water's edge of the V&A Waterfront yacht marina, Bascule's breath-taking views are rivalled only by their enticing array of over 400 whiskies from around the globe, together with their exceptional selection of the Cape's most sublime wines.

By day, Bascule is a vibrant destination from where to enjoy a cappuccino or light lunch. By night, the space is transformed into a lively bar, where connoisseurs and social butterflies gather to enjoy sundowners and lively music, savouring speciality drinks and tasty tapas dishes as the sun dips beneath the waters' horizon.

Basis

Bed & Breakfast

Day 10: Cape Grace, Cape Town (Sat, 16 November)

Basis Bed & Breakfast

Day 11: Cape Grace, Cape Town (Sun, 17 November)

Day 12:	Cape Grace, Cape Town	(Mon, 18 November)	
Basis			
Bed & Breakf	ast		
Day 13:	Cape Grace, Cape Town	(Tue, 19 November)	
Basis Bed & Breakf	ast		

Day 14: End of Itinerary (Wed, 20 November)

Basis Bed & Breakfast

Transport

Flight Information

Date	Flight	Airline	Departure Airport	Time	Arrival Airport	Time	Class	Ref	
7 Nov	Scheduled		OR Tambo International Airport [JNB]		Skukuza Airport [SZK]				
10 Nov	Scheduled		Skukuza Airport [SZK]		Cape Town International Airport [CPT]				

Transfers

Date	Company	Pick Up	Drop Off	Time	Vehicle
7 Nov		Skukuza Airport [SZK]	Savanna Private Game Reserve		Transfer
10 Nov		Savanna Private Game Reserve	Skukuza Airport [SZK]		Transfer
10 Nov		Cape Town International Airport [CPT]	Birkenhead House		Transfer
12 Nov		Birkenhead House	La Residence		Transfer
14 Nov		La Residence	Cape Grace		Transfer
20 Nov		Cape Grace	Cape Town International Airport [CPT]		Transfer

Urgent Contact Num	ibers					
Company Name	Telephon	e	Email Address	Contact Person		
Adele Wise	+27 21 55	55 0476	adele@adelewise.com	Adele-Lynne Wise		
Service Provider Directory						
Service Provider	Ref. Number	Telephone	Address			
Birkenhead House		+27 15 793 3977	Corner of 11th Street and Voelklip, Hermanus, Western Cape	7th Avenue,		

Cape Grace	021 4107100	West Quay Road V&A Waterfront Cape Town
La Residence	+27 15 793 3977	La Residence, Elandskloof Private Road, Elandskloof Farm, Franschhoek, Western Cape
Savanna Private Game Reserve	+ 27 11 883 7819	

Travel Information



This vast country is undoubtedly one of the most culturally and geographically diverse places on earth. Fondly known by locals as the 'Rainbow Nation', South Africa has 11 official languages and its multicultural inhabitants are influenced by a fascinating mix of cultures. Discover the gourmet restaurants, impressive art scene, vibrant nightlife and beautiful beaches of Cape Town; enjoy a local braai (barbecue) in the Soweto township; browse the bustling Indian markets in Durban; or sample some of the world's finest wines at the myriad wine estates dotting the Cape Winelands. Some historical attractions to explore include the Zululand battlefields of KwaZulu-Natal, the Apartheid Museum in Johannesburg and Robben Island, just off the coast of Cape Town. Above all else, its remarkably untamed wilderness with its astonishing range of wildlife roaming freely across massive unfenced game reserves such as the world-famous Kruger National Park. With all of this variety on offer, it is little wonder that South Africa has fast become Africa's most popular tourist destination.

Banking and Currency

Currency

The currency is the Rand, which is divided into 100 cents. There are R200, R100, R50, R20 and R10 notes. Coins come in R5, R2, R1, 50c, 20c, 10c and 5c.

Banking

Banks are found in most towns, and are generally open from 09h00 to 15h30 on weekdays and 08h30 to 11h00 on Saturdays (Closed Sundays and Public Holidays). Most of them offer foreign exchange services - with cash, bank & credit cards as well as travellers cheques. You can also obtain cash from automatic teller machines (ATMs). Several international banks have branches in the main city centres. Always advise your bank that you are travelling outside of the country as they might block your purchases if they are not informed.

Travel, Transport and Getting Around

Travelling around South Africa is relatively easy by air, road and rail.

Principal air routes are serviced by SAA and British Airways, operated by Comair. There are 2 low-cost carriers on main routes, namely Kulula.com and Mango.

Facilitating travel around South Africa are 10 airports managed by the Airports Company South Africa (Acsa). In addition, there are some 90 regional airports, including the Kruger Mpumalanga International Airport in Nelspruit and the Skukuza Airport, offering access to the Kruger National Park.

An extensive tarred road system makes travelling in South Africa by vehicle convenient and easy. You will find gravel roads in rural areas though. Note:

• A valid international driver's licence is required.

- We drive on the left hand side of the road.
- Wearing seat belts is compulsory and cell phones can only be used 'hands free'.
- Speed limits are generally set at 120km on freeways, 100km on secondary roads and 60km in urban areas.
- Toll fees apply on certain national roads.
- Petrol stations are widespread.
- Most global car hire firms have branches in South Africa

Another means of getting around South Africa are luxury inter-city bus services such as Greyhound and Trans-Lux. Metrobus buses are available for in-city transport. Metered taxis must be ordered by telephone. There is a hop-on-hop-off bus in Cape Town and Johannesburg.

Our rail system includes the long-haul, inexpensive Shosholoza Meyl Metrorail trains. More luxurious options are the Blue Train, Premier Classe and the steam train Rovos Rail. There is also the new Gautrain rapid transit railway system in Gauteng Province which links Johannesburg, Pretoria, Ekhuruleni and OR Tambo International Airport.

Food, Drink and Cuisine Advice

Standards of hygiene in relation to food health and safety in South Africa, are generally high in hotels, restaurants, pubs and nightspots. Tap water in South Africa is safe to drink and cook with when taken from taps in urban areas. Not all tap water in rural areas is safe for consumption, so take precautions if necessary.

It is safe to eat fresh fruit, vegetables and salads, and put ice in your drinks. South Africa's fish, meat and chicken are of excellent quality, so there is no need to limit yourself when enjoying the local cuisine.

Restaurants are subject to South Africa's food safety control legislation, which is implemented by local government. Regulations include certification and regular inspections by health inspectors to ensure hygienic standards are maintained.

Street food is not as common in South Africa as it is in other countries, although vendors selling traditional snacks and meals can be found in city centres and townships. Food safety in such instances cannot always be guaranteed.

Climate and Weather

South African temperatures, which are measured in centigrade, average at highs of 28°C to average lows of 8°C in the summer months while winter temperatures range from 1°C at night to around 18°C in the day. Average annual rainfall is on the low side at under 500mm a year, making the country somewhat dry. Much of the rain falls in the Western Cape in the winter, differing from the rest of the country, which experiences summer rainfall. On the plus side, the South African climate boasts more than its fair share of sunshine, recording an average of 8.5 hours a day.

Clothing and Dress Recommendations Summer

Bring clothes that are cool, light and comfortable because summer temperatures can get well into the 30 - 40 degree Celsius range in some areas. Also bring an umbrella or raincoat during summer as this is when most of the country gets its rain, but don't forget a swimming costume (bathing suit).

Winter

The winters are generally mild, comparing favourably with European summers. But there are days when temperatures dive, especially in high-lying areas such as the Drakensberg, so be prepared with jerseys and jackets. Cape Town gets its rain during the winter season so it's advisable to bring rain gear along.

General

Always bring a hat, sunglasses and sunblock as the sun can be strong even in the winter months.

Walking shoes are a good idea all year-round, with warm socks in the winter.

If you are doing business in the country, business attire (suit and tie) is generally called for in the corporate sector, but media for example generally dress more casually.

For game viewing, a couple of neutral-toned items will be useful, but there's no need to go overboard. A good pair of walking shoes is also advisable.

For the evening, if you are dining at an upmarket restaurant or seeing a show, smart-casual attire is recommended.

Electricity and Plug Standards

Current is 220/240 volts at 50 cycles per second. A three-point round-pin adapter plug should be brought for your electrical appliances - such adapters are also available at major airports..